THEALIRIAN

August/September 2024



Michael Burns Chair





Ringing Questions

Hello ALIRians:

As we start our fall semester, it can be fun to remember what that was like in our school days. Anticipation, excitement, eagerness to meet new friends and looking forward to learning new things. I think you'll find all these reasons to be excited with our community and classes for the fall!

We have 80 classes available, on campus and online, and I think we have the best lineup of fascinating and participative classes we've ever had at ALIR.

COME JOIN US, and we encourage you to invite your eligible friends (over age 50), to check us out. Our best marketing tool for ALIR is the testimony of our active members who can tell of our unique combination of lifetime learning, physical activity and supportive community. **SEE YOU IN CLASS.**



"They rang!." I sang!

"What? When? Who? Why?"
I'll answer the first two, first.
The other two, I can only try—They are the worst!
Doorbells, phone bells, even a train.
Morning, Noon and Night,
To make my Life loud and with such Pain!
Breakfast, Lunch and even Dinner,
I don't get fatter, I just get thinner!
Because of Robots and maybe:
Some teenaged Sinner?

—Joanna McKinnis

Election Dates & Deadlines

Yes, Tuesday, 5 November is just around the corner and here are some important dates for you to know.

Last day to register (in Texas):

Monday, October 7

Early Voting (in Texas):

Monday, October 21 - Friday, November 1 Last day to apply for ballot by mail:

Friday, October 25

Contact: Bexar County Elections 210-335-8683, or your local elections office for more information.

ALIR MISSION STATEMENT

Academy of Learning in Retirement (ALIR) is an all-volunteer organization which provides opportunities for lifelong learning with social and community engagement.

Fall 2024 & Spring 2025 Calendar Dates

September 4 Instructor/new student

orientation Fall classes begin

October 7 1st luncheon

September 9

Spring 2025 applications October 14

available

2nd luncheon November 13

November 13 Spring applications due

November 25-29 Thanksgiving break

3rd luncheon December 3 December 4 Art show set-up

December 5 Art show

December 6 Fall semester ends

January 6 Spring catalog released

January 6-13 Spring fees paid January 13 Spring registration January 20 **NEISD Holiday**

Instructor/new student January 22

orientation

January 27 Spring semester begins

1st luncheon February 18

March 5 Summer applications

> available Spring break

March 10- 14 2nd Luncheon March 19

April 7 Summer application due 3rd Lunch & scholarships April 15

April 18 Good Friday April 22 Art show set-up

April 23 Art show

April 25 Spring semester ends

Semester Beginning & Ending Dates

Spring 2025

January 27th- April 25th

Summer 2025

June 2- August 8

Fall 2024 three-week classes

Sept. 9th - Sept. 27th Sept. 30th - Oct. 18th 2nd 3^{rd} Oct. 21st - Nov. 8th Nov. 11th - Dec. 6th 4th

Fall 2024 six-week classes

1st Sept. 9th - Oct. 18th 2nd Oct. 21st - Dec. 6th

Spring 2025 three-week classes

Jan. 27th - Feb. 14th Feb. 17th - Mar. 7th $\frac{1}{2}$ nd 3rd Mar. 17st - Apr. 4th 4th Apr. 7th - Apr. 25th

Spring 2025 six-week classes

1st Jan. 27th - March 7th 2nd March 17st - Apr. 25th

PLEASE HELP ALIR GROW

There is so much more we want to do for our ALIRian community, but that takes funding.

Please Consider ALIR.

We are a 501.c.3 non-profit educational service for seniors, providing life-long learning in a social setting, intellectual stimulation and scholarships.

Thank you for your support

Old or Tired Eyes

Old eyes sometimes need a little help. If you, or someone you know is fifty-five years of age or older, and can no longer drive because of poor vision, but still wants to maintain or improve their independence, the Texas Workforce Commission's OIB Program for older individuals who are blind may be able to help you. Please call: 1-844-633-3642. Learning to live with less vision is possible and can make those "golden years" shine more brightly.

—Larry Johnson

BISCUITS

My recipe for biscuits is in the back of my mind. It is the very best recipe that you will ever find.

I have a round glass pan I like to bake them in. They cook up so much higher then on a flat one made of tin.

I melt three-fourths cup of butter in the oven set at three-fifty. Then put flour on my rolling board, and now I'm all ready.

In the bowl, I mix my flour and salt, then add my baking powder.
I need to stir it real good, with the milk and butter.

In thirty minutes they'll be done. I'll put them on the table to eat. With some butter and good jelly, those biscuits can't be beat.

Cards of Acknowledgement

If you know someone in our ALIR community who needs a card of sympathy, a get-well wish or other words of encouragement (please be specific), notify JoAnn Fielden at prsnk.t@att.Net or Rhonda McRae at ALIR@neisd.net.

◆Summer Ukulele Class◆







Your stories, poems and ideas can be published in upcoming newsletters.



Please send your submissions to:

Rodney Brown -- rrbrown67@147thhillclimbers.org
Barbara Maphet -- bmaphet@luxurypresentations.com

VOCABULARY

Contemplating retirement I worried about boredom, fearful I would become lethargic. I'd been bored in my life, looking for more to do, but never once said I felt lethargic.

While single, I was often lonely, wanting busyness to fill endless weekend hours. Sundays, too quiet, too solo. I probably was, but never thought, "I'm lethargic".

No longer single, Sundays became peaceful, mostly stay-at-home, quiet, filled with newspapers, crosswords, TV golf, sandwichs for lunch. Laid back, not lethargic.

The word is so theatrical, vowelly, maybe said in a Tennessee Williams play by a sweaty woman (never a man). Hankie in hand, she exclaims, "I'm very lethargic".

Post-retirement there's lots of time to organize chaotic closets, sift through boxes unopened for years. Hours spent reminiscing, sorting, laughing. Me lethargic?

Start quilting again, learn embroidery from YouTube, crochet a winter throw. Take a Zen painting class, another on world finance, energized, hardly lethargic.

There are days that threaten boredom, empty of appointments, errands, projects, just a novel to read. The day may be lazy, lackadaisical, slow, but I wouldn't say lethargic.

Now you see, Anna, your retirement anxiety was unwarranted. There's still no need for a hankie to clutch, because you don't feel, and have no reason to say, "I'm lethargic".

—Anna Hoelting

If you want to learn about Ghazal (guzzie), join Jean Jackson's poetry class like Anna did.

CAT NAPS

Gigi spends her Nights doing her Laps. not as a Swimmer, but she sets her Sights on Fields of Cloth, like a Gypsy Moth.

— Joanne McKinnis



















to Fred Kerley, Rhonda's nephew



"The Holocaust is our legacy. We forget it at our peril. If we choose to learn from it, we may use it as a torch to light the path to a better world where all of us see ourselves in the faces of strangers."

This quote from Maxine Cohen (1929 - 2024), co-founder of the Holocaust Memorial Museum of San Antonio, hangs on the wall at the entrance of the museum located inside the Jewish Federation of San Antonio building on Northwest Military Highway. The museum opened its doors to the public in May 2000.

Cohen, founding director of the Holocaust Memorial Museum is remembered as "a pioneer in Holocaust education." She had a unique ability to relate to survivors and weave their testimonies into museum and school presentations. Their stories humanized events of the Holocaust with a lasting impact, not possible by a presenter or volunteer.

Not many knew she was also a published author of short fiction, a classically trained pianist and a renowned pastry chef. She'd greet visitors to her home with fresh brownies and cookies and a hearty, "Hey kid, come on in!"

Her educational program remains the foundation of the curriculum and presentations at the 24-year-old museum.

Scholarship Fund

Please donate to the Bill Howland Memorial Scholarship Fund. Donations can be left with Rhonda or checks mailed to Tom Colbourn, Council Treasurer.

ALL DONATIONS ARE APPRECIATED



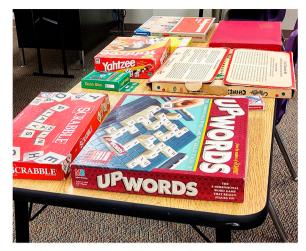
Dorothy "Dottie" M. (Smith) Fowler
Fran Stelzriede
Mary "Pat" Weil
Charlene Wimer (1st ALIR Chairperson)

ALIR SUMMER FUN CLASSES



Father & Daughter in class together





The Games Galore Class and The Fun Games They Play



Getting Ready for the Heartfull Meditation Class





Introduction to Ukulele Class